MODEL LABORATORY SCHOOLS

AT EASTERN KENTUCKY UNIVERSITY

PARENT PACKET - ASTHMA

Dear Parent/Guardian:

Please fill out the attached asthma information and return it to your school Nurse. It will be shared with appropriate persons such as your student's classroom teacher and physical education teacher. Your comments and instructions will help us to assist your student during astha episodes as well as to minimize restrictions.

According to Model Laboratory School Medication Policy, **ALL** medications, including inhalers, are to be stored in a secure location and students are to be supervised by school staff when taking them. The purpose of this policy is to assure safe use of all medication, to prevent errors, and to prevent children from sharing their medications with others. The school staff is required by policy to be responsible for safe and supervised medication administration to students, except as noted below.

Students are allowed to carry their inhalers if the following conditions are met:

- **It has been determined that student is socially, cognitively, physically, and emotionally mature enough to carry and administer the inhaler.**
- **Parent and Physician Authorization Forms are completed and on file at school.**

When students self-administer medication the school staff will <u>NOT</u> be responsible for monitoring frequency of use, expiration date, or amount of medication available for use.

Please send a **<u>current</u>** picture of your student in order for the stuednt to be easily identified. This information will be distributed to appropriate school personnel on a need-to-know basis and may include bus drivers, substitute teachers, cafeteria staff, and others who work with your student daily.

To help your student, please let us know of any changes in your student's medical condition or emergency daytime phone numbers.

The following need to be returned to the school Nurse:

1. **Asthma Healthcare Plan**
2. **Medication Authorization Form**

We are looking forward to a great year with your student!

Please call the School Health Clinic at (859) 622-8575 if you have any questions.

School Year: _____

ASTHMA HEALTHCARE PLAN

MEDICAL CONCERN: _____

(This form will be made available to teachers and appropriate school staff.)

Student's Name: _____ DOB: _____ / _____ / _____

Allergies: _____

School: _____ Teacher: _____ Grade: _____

Parent/Guardian(s) Name(s): _____

Address/Zip Code: _____

Doctor: _____ Phone: _____ Hospital of Choice: _____

Parent/Guardian 1: *Home:* _____ *Work:* _____ *Cell:* _____

Parent/Guardian 2: *Home:* _____ *Work:* _____ *Cell:* _____

Or call Emergency Contact if unable to reach Parent/Guardian:

Name: _____ *Phone:* _____ *Relation:* _____

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1. Date of student's last asthma episode? ____ / ____ / ____
2. Has student ever been hospitalized for asthma? Yes ☐ No ☐
3. What triggers your student's asthma episodes? (*Check all boxes that apply*.)
   ☐ Pollen ☐ Mold ☐ Dust ☐ Feathers ☐ Animal Dander ☐ Perfume ☐ Air Pollution
   ☐ Smoke ☐ Respiratory Infections ☐ Cold Air ☐ Weather Changes ☐ Vigorous Exercise
   ☐ Foods (*Specify*): _____
   ☐ Other (*Specify*): _____
4. What are your student's asthma symptoms? (*Check all boxes that apply*.)
   ☐ Coughing ☐ Wheezing ☐ Chest Tightness ☐ Anxiety/Restlessness
   ☐ Difficulty Breathing/Shortness of Breath ☐ Other (*Specify*): _____
5. List the Medication(s) your student takes for asthma:

Name of Medication:	Dosage:	Time of Day:
_____	_____	_____
_____	_____	_____

6. List any other Medication(s) your student takes:

Name of Medication:	Dosage:	Time of Day:
_____	_____	_____
_____	_____	_____

7. Location of Medication/Inhaler: _____
8. Additional Comments: _____
   _____

Reviewed by: _____ *RN* *Date:* _____