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**SCHOOL HEALTH DIVISION**  
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**ASTHMA PARENT PACKET**

Dear Parent/Guardian:

Please fill out the attached asthma information and return it to your School Nurse. It will be shared with appropriate persons such as your student’s classroom teacher and physical education teacher. Your comments and instructions will help us to assist your student during asthma episodes as well as to minimize restrictions.

According to T [ á^Šaa [ aē í ^ Á & Q [ | Medication Policy, **ALL** medications, including inhalers, are to be stored in a secure location and students are to be supervised by school staff when taking them. The purpose of this policy is to assure safe use of all medication, to prevent errors, and to prevent children from sharing their medications with others. The school staff is required by policy to be responsible for safe and supervised medication administration to students, except as noted below.

**Students are allowed to carry their inhalers if the following conditions are met:**

- ▶ It has been determined that student is socially, cognitively, physically, and emotionally mature enough to carry and administer the inhaler.
- ▶ Parent and Physician Authorization Forms are completed and on file at school.

**When students self-administer medication the school staff will NOT be responsible for monitoring frequency of use, expiration date, or amount of medication available for use.**

Please send a current picture of your student in order for the student to be easily identified. This information will be distributed to appropriate school personnel on a need-to-know basis and may include bus drivers, substitute teachers, cafeteria staff, and others who work with your student daily.

To help your student, please let us know of any changes in your student’s medical condition or emergency phone numbers.

**The following need to be returned to the School Nurse at your school:**

- Asthma Healthcare Plan
- Medication Authorization Form

We are looking forward to a great year with your student!

Please call School Health Services at í í JĤ GĤ í í í if you have any questions.

# ASTHMA HEALTHCARE PLAN

School Year: \_\_\_\_\_

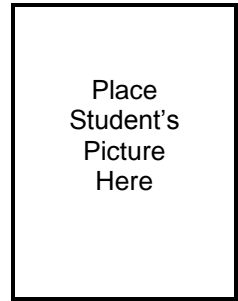
**MEDICAL CONCERN:** \_\_\_\_\_

*(This form will be made available to teachers and appropriate school staff.)*

**Student's Name:** \_\_\_\_\_ **DOB:** \_\_\_ / \_\_\_ / \_\_\_

**Allergies:** \_\_\_\_\_

**School:** \_\_\_\_\_ **Teacher:** \_\_\_\_\_ **Grade:** \_\_\_\_\_



**Parent/Guardian(s) Name(s):** \_\_\_\_\_

**Address/Zip Code:** \_\_\_\_\_

**Doctor:** \_\_\_\_\_ **Phone #:** \_\_\_\_\_ **Hospital of Choice:** \_\_\_\_\_

**Parent/Guardian 1: – Home:** \_\_\_\_\_ **Work:** \_\_\_\_\_ **Cell:** \_\_\_\_\_

**Parent/Guardian 2: – Home:** \_\_\_\_\_ **Work:** \_\_\_\_\_ **Cell:** \_\_\_\_\_

*Or call Emergency Contact if unable to reach Parent/Guardian:*

**Name:** \_\_\_\_\_ **Phone:** \_\_\_\_\_ **Relation:** \_\_\_\_\_

\*\*\*\*\*

1. Date of student's last asthma episode? \_\_\_ / \_\_\_ / \_\_\_

2. Has student ever been hospitalized for asthma? Yes  No

3. What triggers your student's asthma episodes? (Check all boxes that apply)

Pollen  Mold  Dust  Feathers  Animal Dander  Perfume  Air Pollution

Smoke  Respiratory Infections  Cold Air  Weather Changes  Vigorous Exercise

Foods (Specify) \_\_\_\_\_

Other (Specify) \_\_\_\_\_

4. What are your student's asthma symptoms? (Check all boxes that apply)

Coughing  Wheezing  Chest Tightness  Anxiety/Restlessness

Difficulty Breathing/Shortness of Breath  Other (Specify) \_\_\_\_\_

5. List the Medication(s) your student takes for asthma:

**Name of Medication:** \_\_\_\_\_ **Dosage:** \_\_\_\_\_ **Time of Day:** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

6. List any other Medication(s) your student takes:

**Name of Medication:** \_\_\_\_\_ **Dosage:** \_\_\_\_\_ **Time of Day:** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

7. Location of Medication/Inhaler: \_\_\_\_\_

8. Additional Comments: \_\_\_\_\_

\_\_\_\_\_

**Reviewed by:** \_\_\_\_\_ **RN** **Date:** \_\_\_\_\_

**Madison County School District School Health Program**  
**Permission Form for Prescribed and Over the Counter Medication**

**TO BE COMPLETED BY SCHOOL PERSONNEL**

School: \_\_\_\_\_ Date form received: \_\_\_\_\_

I/we acknowledge receipt of this Physician's Statement and Parent Authorization. \_\_\_\_\_

**Student Name:** \_\_\_\_\_ **Student age:** \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_

**Grade:** \_\_\_\_\_ **Homeroom/Classroom:** \_\_\_\_\_

**TO BE COMPLETED BY PARENT / GUARDIAN**

\*\*\*\*\***(MUST BE IN CHILD SPECIFIC, CURRENT, ORIGINAL PHARMACY LABELED CONTAINER)**\*\*\*\*\*

**Name of medication:** \_\_\_\_\_ **Reason for medication:** \_\_\_\_\_

**ALLERGIES:** \_\_\_\_\_ **Any OTHER Condition(s):** \_\_\_\_\_

**Form of medication/treatment:** \_\_\_\_\_

Tablet/capsule    Liquid    Inhaler    Injection    Nebulizer    Other \_\_\_\_\_

**Instructions** (Schedule and dose to be given at school: \_\_\_\_\_

**Start:**    Date form received    Other, as specified: \_\_\_\_\_

**Stop:**    End of school year    Other date/duration: \_\_\_\_\_

**For episodic/emergency events only**

**Restrictions and/or important side effects:**    No restrictions

Yes. Please describe: \_\_\_\_\_

**Special storage requirements:**    None    Refrigerate

**Other Instructions:** \_\_\_\_\_

**Parent or Guardian Signature** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Health Care Provider Name** \_\_\_\_\_

**Address:** \_\_\_\_\_ **Phone:** \_\_\_\_\_ **FAX:** \_\_\_\_\_

I give permission for (name of child) \_\_\_\_\_ is to receive the above stated medication at school according to standard school policy. I release the School Board and its employees from any claims or liability connected with its reliance on this permission.

**(Parent/guardians to bring the medication in its original container.)**

**Date:** \_\_\_\_\_ **Signature:** \_\_\_\_\_ **Relationship:** \_\_\_\_\_

**Home phone:** \_\_\_\_\_ **Work phone:** \_\_\_\_\_ **Emergency or CELL phone:** \_\_\_\_\_

**TO BE COMPLETED BY Health Care Provider**

◆◆◆For Self-Administration or EMERGENCY ◆◆◆For Self-Administration or EMERGENCY ◆◆◆For Self-Administration or EMERGENCY◆◆◆

This student is capable, responsible, and demonstrated self-administration of the above medication:

**Yes - Unsupervised**    **Yes-Supervised**    **No**

This student may carry this medication:  **Yes**    **No**   **Any restriction(s):** \_\_\_\_\_

**The school nurse will delegate and train designated school personnel to give the above stated emergency medication if necessary.**

**Please indicate if you have provided additional information:**

On the back side of this form    As an attachment

**Signature:** \_\_\_\_\_ **Date** \_\_\_\_\_

**Physician or Authorized Provider**